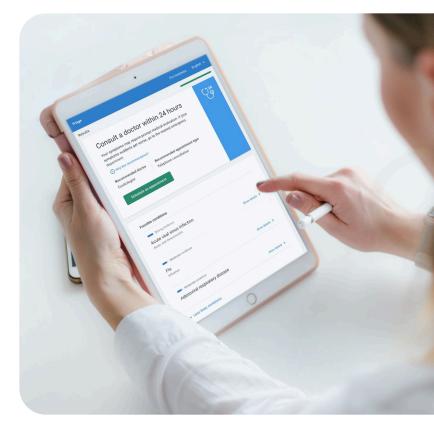
**READ THE FULL STUDY** International Journal of Healthcare Vol 11, No 1 (2025) DOI: doi.org/10.5430/ijh.v11n1p21





Infermedica

# **Proven across borders:** How Al triage transformed patient behavior in a diverse Middle Eastern health plan



#### **Summary**

Infermedica's AI-powered Virtual Triage and Care Referral (VTCR) solution has demonstrated measurable success in one of the most demographically complex healthcare settings in the world—the United Arab Emirates. In a region with a fast-growing private health sector, mandatory insurance for expatriates, and a multilingual patient population, VTCR guided nearly 5,000 patients to safer, more cost-effective healthcare decisions. This case proves that Infermedica's solution transcends language, cultural nuance, and system structures—making it ideal for global health plans and payers.

#### **Key findings**

### 37.6%

of patients realigned their healthcare intent to match **VTCR** recommendations

### 62.9%

drop in care uncertainty; the most common post-triage choice was self-care

## 138.8%

increase in appropriate emergency care intent, supporting faster intervention

### 9.3%

of patients downgraded from outpatient intent to self-care

#### Impact & Opportunities:

- Cultural versatility: Successfully deployed in diverse health systems
- Payer value: Reduced avoidable care utilization and improved digital member engagement
- Multilingual by design: VTCR supports 24 languages making it perfect for IPMI and PMI.

### Conclusion

Al-based virtual triage improves care acuity alignment, increases efficiency, and adds tangible value in health systems with diverse population needs, such as IPMIs.

Read the full study and contact Infermedica to learn more about our AI-powered virtual triage.